



**PROMOTION OF
SOCIAL SKILLS,
MORAL DEVELOPMENT
AND SELF-KNOWLEDGE AS
MEANS TO PREVENT
BULLYING IN HIGH SCHOOLS**

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Where it comes from...



o National Ministry of Education

o Decree 1961

o «...creating the National School Coexistence System, Exercise Training for Human Rights, Sexual Education as well as, Prevention and Mitigation of School Violence.»

Meets the Needs

1. Decree 1961

2. Diagnostic Survey
conducted by the
Department of
Psychology

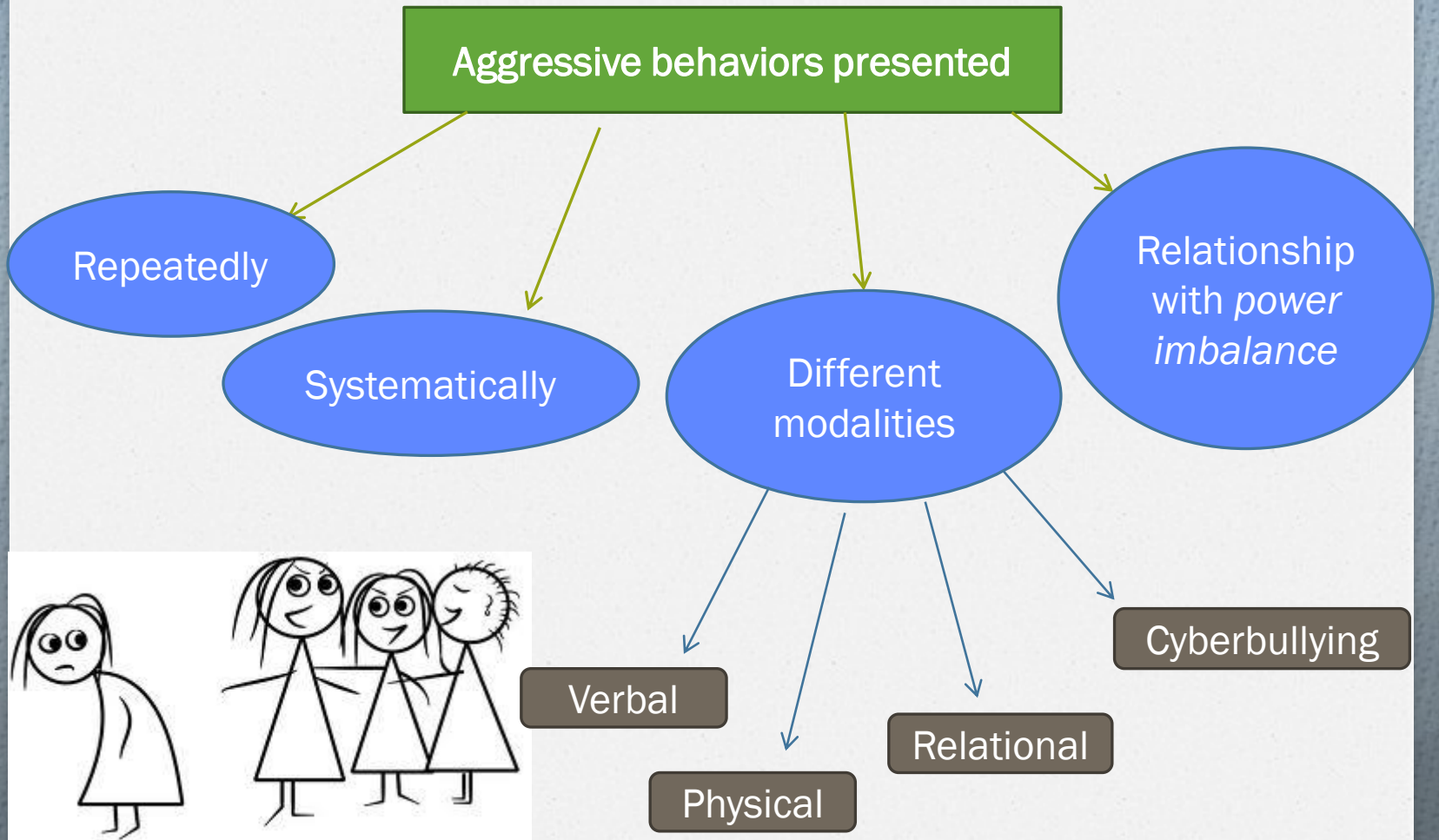


Aspaen
Gimnasio
Iragua

B O G O T Á

(Olweus, 1988)

Bullying



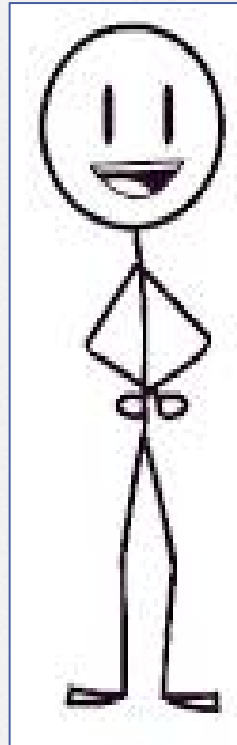
Approach



Bullying

Aggression

Wrong



Social Skills

Moral
Development

Self-Knowledge

SOCIAL SKILLS

Set of skills which allows a person to function adaptively and efficiently in different social environments

**Learning
Imitation
Observation
Trial and
Error**

**Age, cognitive
development,
culture,
personality
traits,
personal
learning**

Goal Orientation

- Cognitive Component

Situational Specificity

- According to context

Overt Behaviors

- Verbal
- Non Verbal

(Sánchez, M., & Traver, J. 2006).
(Caballo, 2007)

Social Skills in School

Social Interactions

Decentration of
egocentric thinking

Cooperation

Distinction of
situations
Ex: Aggression is
unacceptable





Moral Development



Morality
Acquisition of
Rules
(Piaget)

Moral
Development
components
(Podolskij &
Karabanova, 2003)

Moral Emotions

- Sympathy
- Empathy
- Pro-social Behaviors

(Guevara, Barrera
& Cabrera, 2007)

Moral Judgment

- Defining Position
- Decision making

(Kohlberg,
Lind)

Pro-Social Behaviors

- Voluntary behaviors seeking the benefit of others
- Main predictors of psychological adjustment

(Eisenberg y Fabes, 1993)
(Guevara, Cabrera & Barrera, 2007)

Moral Emotions

- *Empathy*
Comprehension of emotional state
- *Sympathy*
Emotional response
- Main predictors of Pro-social behaviors



Moral Development in School

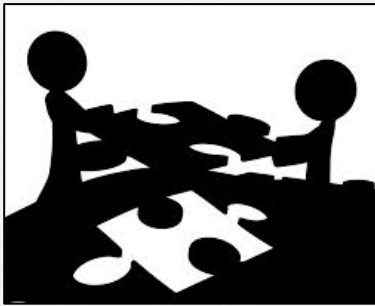
Classroom exercises in school which involve autonomy, democracy and teamwork



Respect and problem solving



Moral Development



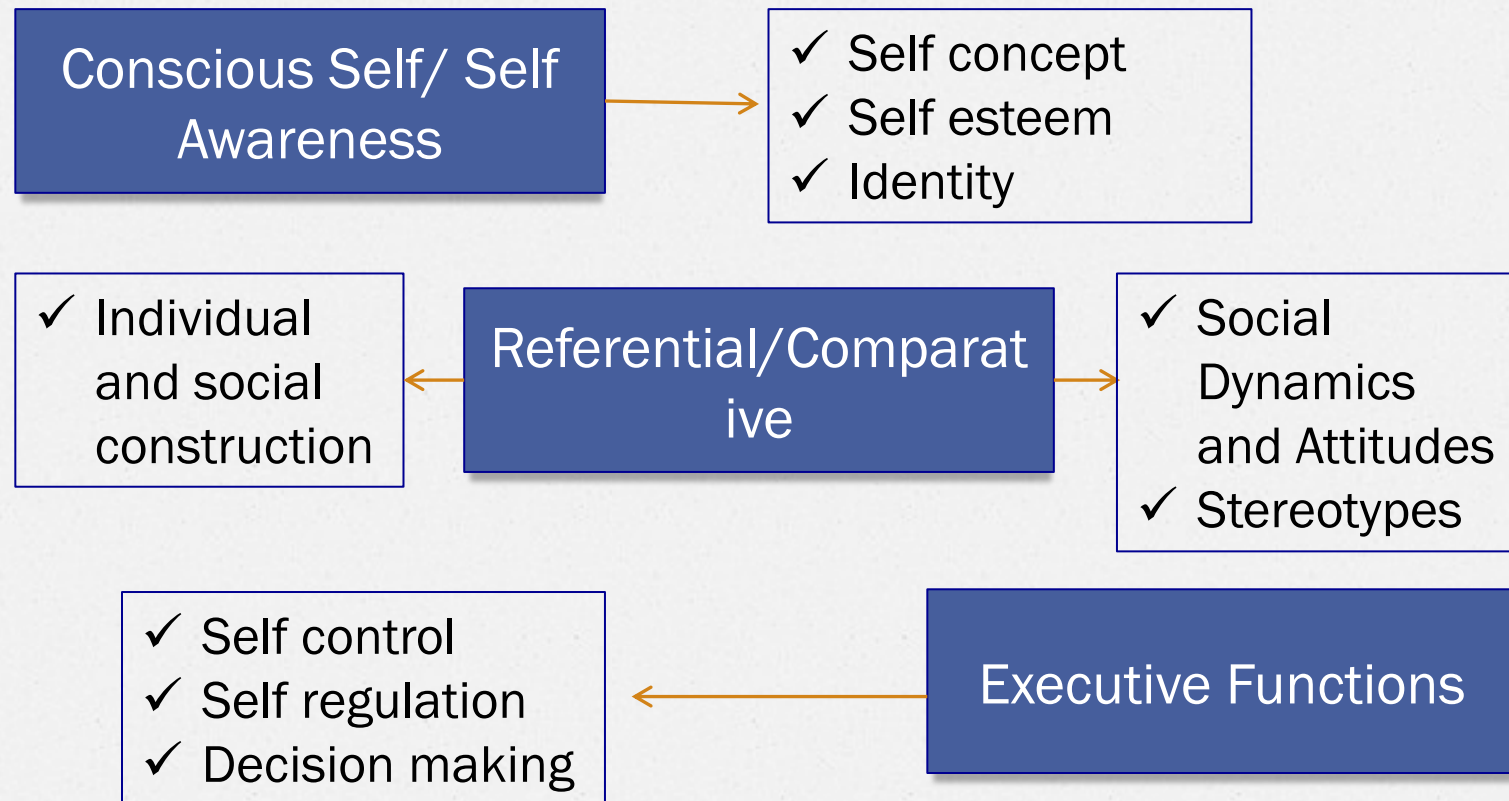
Prevention and decrease the risk of maladaptive behaviours and intimidation dynamics

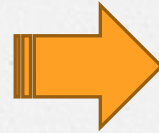
(Araújo, 2000)

Self-Knowledge

(Beaumeister,
2000)

(Greenwald
& Banaji,
1995).





Social Interactions
Education
Development
Orientation

Complementary Education

Moral
Development



Social
Skills



Self
Knowledge

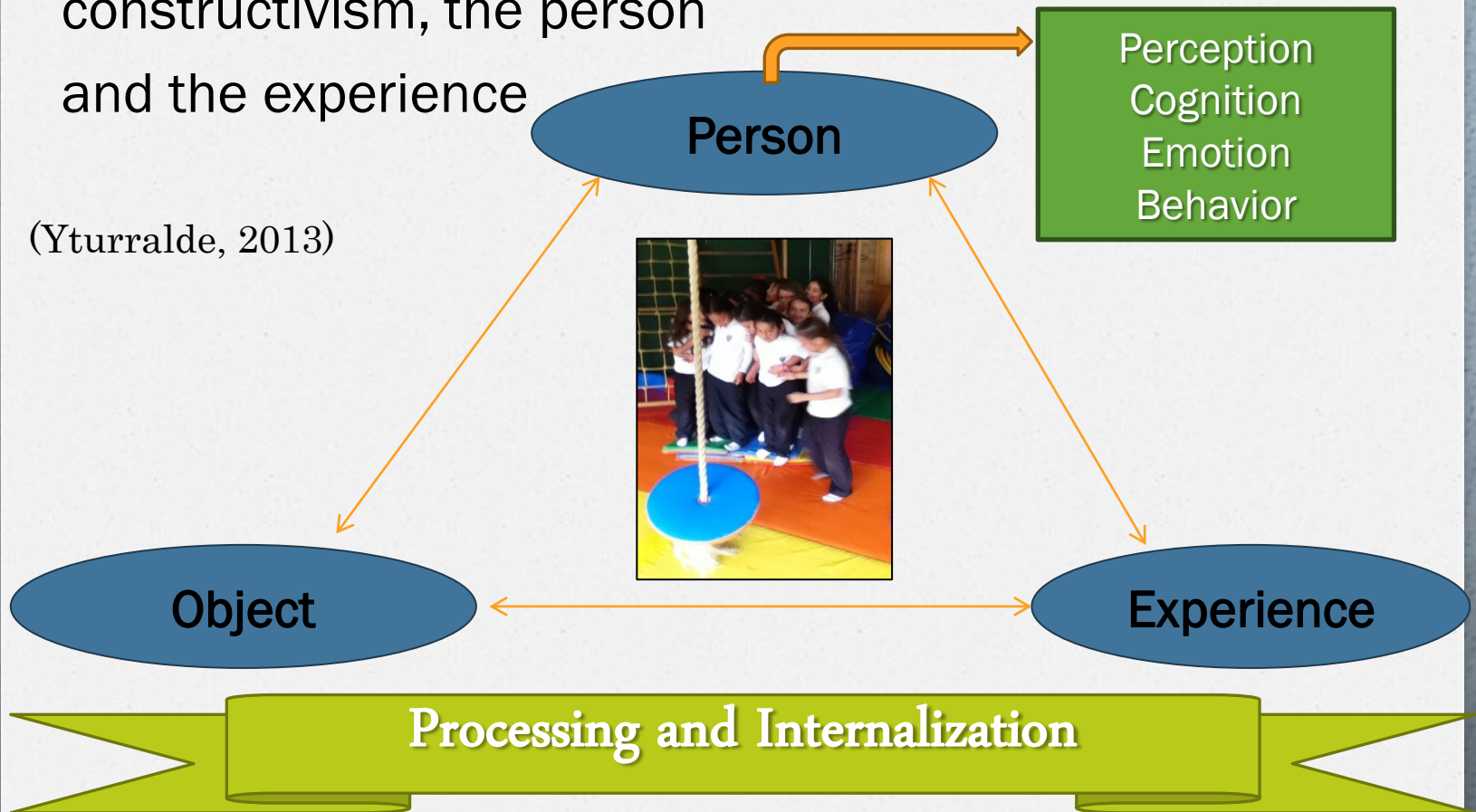


Optimal social interactions
Decrease the risk of aggression and
Bullying

Experiential Learning

Based on the principles and foundations of constructivism, the person and the experience

(Yturralde, 2013)



PROGRAMA BUEN TRATO

Experiential Learning

1. Social Skills
2. Moral Development
3. Self-Knowledge

Moral Dilemma
Discussion

Debriefing/
Processing



Evaluation/Results

1. Processing/Debriefing
2. Questionnaire

SHORT TERM

Pilot Phase
2013-2014

MEDIUM TERM

Initial
Implementation
2014-2015

LONG TERM

3 years from
now